Renton Sailing Center Advanced Level Signoff Sheet

SAILOR NAME: _____

- > Completion of the Intermediate Level Signoff Sheet is a prerequisite for Advanced Level status.
- Once the advanced level signoff sheet has been completed, including the volunteer commitment, and the RSC sailor has been approved by the Dockmasters, s/he may use any sailboat 20 feet or under within Lake Washington and have access to these vessels at any time.
- RSC Dockmasters and Instructors are authorized to sign off on skills.
- > The sailor may sign off on their volunteer service.
- Once the signoff sheet is completed, please send to the Chief Dockmaster (<u>ChiefDockmaster@rentonsailing.org</u>). Please keep a copy of the sheet. The Chief Dockmaster will obtain concurrence from the dockmasters prior to promoting a sailor to the Advanced Level.

Note: Advanced sailors may work on keelboat proficiency checklists (each keelboat has its own checklist) if they are interested in learning more (note that a Keelboat Maintenance Fee is required). After taking the Dockmaster Clinic, Advanced sailors are eligible to serve as Dockmasters.

Preparing for Advanced Level Signoff

There are multiple ways to build your knowledge and skills in preparation for getting signed off as an Intermediate sailor, including: sailing with other RSC members, reading the US Sailing small boat sailing textbook, and working with Dockmasters or instructors when they are available at the dock or by appointment.

	Approved By
Demonstrate basic points of sail in 15 knots of wind: controlled, balanced helm, smooth tacks and jibes	
Heaving-to: maintain position for 2 minutes, proper entry and exit procedure	
Reef and un-reef mainsail on the water: proper procedure	
Sail without rudder: demonstrate basic points of sail and tacking/jibing while maintaining control of the vessel	
Participate in either five club projects or provide 5 hours of service to RSC: examples of projects are maintenance, cleaning, instruction, holding an officer position, or support for an event. List your service and initial/date: 1. 2. 3. 4.	
5.	